

AhrSteig

Welcome to the AhrSteig!

The 100 kilometre Ahrsteig route leads from the Ahr Spring to its estuary. Not only is the Ahrsteig a demanding hiking route but a stunning area full of natural beauty and landmarks, studded with cultural treasures. Impressive views of the romantic Ahr area from its valley to its peaks make the Ahrsteig a unique place to visit.

The idyllic forest paths and quiet meadow trails contrast the mild uplands and tight rock tracks while solitary plateaus give way to lively wine villages. Along the route, certified „Quality Hosts of German Hikers“ invite nature lovers and hikers to rest and stay a while. At the start and finish of each leg, guides for public transport can be found.



Directions

1. Stage: Blankenheim - Freilinger See (11,3 km)
rise: 217 m - decent: 240 m - length: approx. 3 hrs.

2. Stage: Freilinger See - Aremberg (11,7 km)
rise: 262 m - decent: 160 m - length: approx. 3 hrs.

3. Stage: Aremberg - Insul (19,4 km)
rise: 424 m - decent: 757 m - length: approx. 6 hrs.

4. Stage: Insul - Kreuzberg (17,4 km)
rise: 565 m - decent: 610 m - length: approx. 5,5 hrs.

5. Stage: Kreuzberg - Walporzheim (14,5 km)
rise: 561 m - decent: 620 m - length: approx. 5 hrs.

6. Stage: Walporzheim - Bad Neuenahr (15,7 km)
rise: 475 m - decent: 500 m - length: approx. 5 hrs.

7. Stage: Bad Neuenahr - Sinzig (16 km)
rise: 463 m - decent: 564 m - length: approx. 5 hrs.